



## An update from People First New Zealand Ngā Tāngata Tuatahi to all Members

12 March 2021



Good news!



As of 12.00 midday today all of New Zealand is now at **Alert Level 1**.



For People First New Zealand and its members this means that we can having face to face events again in all parts of New Zealand.



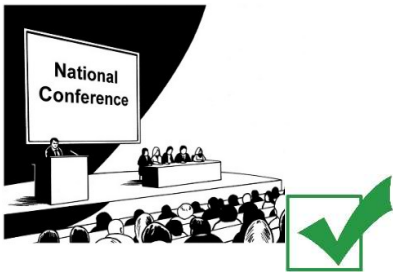
This means we can have face to face  
People First events like:

- local group meetings
- regional meetings
- National Committee meetings
- Learn with Us courses.

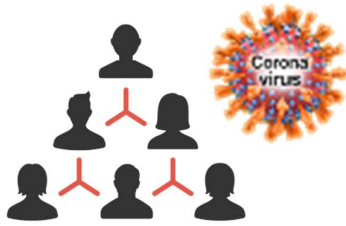


It also means that People First staff  
and members can go to:

- advisory group meetings
- conferences
- expos.



Your Regional Coordinator or Local  
Assistant will let you know what face  
to face events will be happening in  
your area.



We still need to be careful so that we stop the spread of COVID-19.



You still need to follow the Golden Rules to keep yourself safe from COVID-19.



The **4 Golden Rules** to help keep us safe from COVID-19 are:



1. **Wash your hands** lots of times during the day

2. **Stay home** if you are **sick**



3. Keep using the **COVID Tracer app** to scan the QR codes



4. Turn on the new **Bluetooth option** in the COVID Tracer app.



There is an Easy Read factsheet called:

## **Golden Rules to help keep us safe from COVID-19.**

You can find this factsheet on both the **COVID-19 website**:

**<https://covid19.govt.nz/assets/resources/accessible-information/easy-read/COVID-19-Golden-rules-to-help-keep-us-safe-from-COVID-19-Easy-Read.pdf>**



You can also ask your Regional Coordinator to send you a copy of the Easy Read Golden Rules factsheet.

# What to do if you have any questions



If you have any questions you can call us here at People First New Zealand on:

**0800 20 60 70.**



You may be asked to leave a message with your:

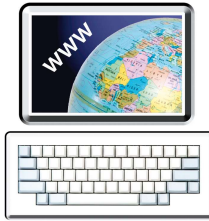
- first and last name
- phone number.



Someone from People First New Zealand will call you back.



You can also talk to your People First Regional Coordinator.



You will find the Regional Coordinators phone numbers on the People First website:

[www.peoplefirst.org.nz/contact-us/](http://www.peoplefirst.org.nz/contact-us/)



You can also email People First on

[ask@peoplefirst.org.nz](mailto:ask@peoplefirst.org.nz)



Thank you for understanding.

Stay safe everyone.



From People First New Zealand National Committee.

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